



Continuing Education Certificate

Minnesota Association of Community Mental Health Programs, Inc.

2011 Summer Supervision Series

A Supervisor's 3 R's: Recognize, Respond & Resolve Supervisee Stress & Burnout
July 28, 2011 – 10:00 am to Noon – Workshop #10

This certifies that the following person attended Workshop #10 of the Minnesota Association of Community Mental Health Programs (MACMHP) 2011 Summer Supervision Series on July 28, 2011.

The 2011 Summer Supervision Series is approved by the State Board of Social Work to meet supervision-training requirements. The MACMHP reference number for Workshop #10 is SSWK10. MACMHP is an approved continuing education provider with CE Provider Approval Number: CEP-33. Each person should keep a copy of this certificate. The total number of direct, scheduled instructional contact for the workshop is 2.0 hours in the area of supervision.

Your Name _____

Center or Agency _____

Address _____

Phone _____

Fax _____

E-mail _____

Location Attended: _____

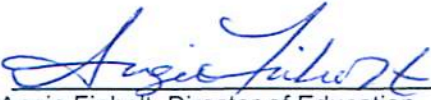
Educational Training Description:

Supervisors may be confronted with supervisees presenting extremely challenging job performance as well as personal issues. Unresolved and unaddressed issues of stress can often lead to such a degree of supervisee distraction that quality of client care is impacted. Repeated exposure to unresolved stress and burnout can also contribute to staff retention issues. This session will provides a supervisor's perspective to staff burnout, its causes, manifestations and strategies for resolution.

Speaker: *Karen Edens, BA*
EDENS GROUP, Inc. – St. Paul, MN

Learning Objectives:

- Identify a supervisor's role in recognizing, resolving and responding to supervisee stress.
- Describe the impact of unrecognized and unsolved stress on workplace performance.
- Develop strategies for recognizing, resolving and responding to supervisee stress.

Signed by: 
Angie Finholt, Director of Education
MN Association of Community Mental Health Programs
1821 University Ave W, #307-S, St. Paul, MN 55104
Phone: 651-642-1903 FAX: 651-645-1399