

## 2010 Community Mental Health Annual Conference

We are pleased to offer our 2010 Community Mental Health Conference, "**Rejuvenating Our Promise.**" Previous participants know this to be a fun, motivating and very comprehensive event. The conference provides opportunities to learn about new developments, relax and strengthen professional ties.

A wide variety of professionals and concerned citizens will find the conference interesting and useful. Workshop sessions have been carefully selected to introduce innovative approaches, sharpen clinical skills, improve management practices and inform about public policy issues related to services for children, families and adults. The diversity of both the presenters and participants strengthens the conference.

Our theme "Rejuvenating Our Promise" emphasizes our hopeful commitment to renewal and recovery. It also recognizes the resilient, creative and innovative provider organizations and staff who embrace continuous improvement. Especially in these very difficult economic times, we strive to balance our social mission with sound management practices. We seek to find new opportunities amid shifting public policies, limited resources, new alliances and rapid change. The conference will help you and your team reaffirm your mission and strengthen your commitment to quality, collaboration and community care.

### Professional Development...

The conference offers flexibility through multiple choices, yet retains several coherent areas of emphasis or "tracks" for those who want to concentrate on a particular subject area. We hope the program reflects your interests and provides you with a chance to exchange information, improve your skills and develop valuable professional associations. The conference is designed to meet professional continuing education requirements. Certificates of attendance will be available for documentation. Prior approval has been requested for up to 25 Continuing Education Units for: social workers, psychologists, physicians, nurses, school administrators/educators, marriage and family therapists, alcohol and drug counselors, professional counselors and professional clinical counselors, psychiatric rehabilitation practitioners, certified counselors and others. Specific information regarding CEU credits will be available in September and will be posted online at [www.macmhp.org](http://www.macmhp.org).

**Wednesday, September 29 - Friday, October 1, 2010**

**Pre-Conference Institutes: September 28 and 29, 2010**

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## 2010 CONFERENCE PLANNING COMMITTEE...

**Karen Hovland, Co-Chair**  
Resource / Spectrum Community  
Mental Health  
Minneapolis, MN

**Tom Shroyer, Co-Chair**  
Children's MH Svcs / REACH  
Grand Rapids, MN

**Atashi Acharya**  
VOA Mental Health Clinics  
Minneapolis, MN

**Sharon Autio**  
MN DHS - Adult MH Division  
St. Paul, MN

**Tracee Bosch**  
Carver County Social Services  
Chaska, MN

**Ron Brand**  
MACMHP, Inc.  
St. Paul, MN

**Paula Childers**  
Tasks Unlimited  
Bloomington, MN

**Rosalin Chrest**  
Family Life Mental Health Ctr  
Coon Rapids, MN

**Claire Courtney**  
MN DEED / Rehab Services  
St. Paul, MN

**Bruce Eisenmenger**  
Human Services Inc.  
Oakdale, MN

**Diane Erkens**  
Functional Industries, Inc.  
Buffalo, MN

**Deirdre Golden**  
Hennepin County Mental Hlth Ctr  
Minneapolis, MN

**Michelle Gricus**  
Mental Health Resources, Inc.  
St. Paul, MN

**Joel Hetler**  
Center of Excellence  
in Children's Mental Health  
Minneapolis, MN

**Kimberly Holm**  
Woodland Centers  
Willmar, MN

**Colleen MacRae**  
Northwestern Mental Health Ctr  
Crookston, MN

**Rick Moldenhauer**  
MN DHS - Alcohol/Drug Abuse Div  
St. Paul, MN

**Steven Pratt**  
MN DHS - SOS  
Anoka Metro RTC  
Anoka, MN

**Chad Scott**  
Range Mental Health Center  
Virginia, MN

**Mark Skrien**  
South Central Human Relations Ctr  
Owatonna, MN

**Cheryl Sybesma**  
MN DHS - Children's MH Div  
St. Paul, MN

**William Tregaskis**  
Central MN Mental Health Ctr  
Buffalo, MN

**Cary Zahrbock**  
Medica Behavioral Health  
Minneapolis, MN



## OTHER IMPORTANT INFORMATION...

### SPECIAL NEEDS...

If you have special needs while attending our conference (i.e. guide, mobility, reader, sign language interpreter) please attach a letter outlining those needs and submit it along with your registration form or email to [registration@macmhp.org](mailto:registration@macmhp.org). If you have special hotel needs, contact the Holiday Inn Hotel & Suites.

### SCHOLARSHIP AVAILABILITY...

A limited number of scholarships for registration are available from contributors to the Scholarship Fund. Consumers, families, advocates, students and local advisory committee members may apply for financial aid. Scholarship information is available on our web site at [www.macmhp.org](http://www.macmhp.org) or by calling (651) 642-1903.

### EXHIBITING POSSIBILITIES...

The Community Mental Health Conference offers excellent opportunities for exhibitors to showcase products and services. Typical exhibitors include pharmaceutical, business services, software companies, health plans, treatment providers and other non-profit organizations. A limited number of booth spaces are available at various exhibiting levels. More information and exhibitor registration forms are available on our web site at [www.macmhp.org](http://www.macmhp.org) or by calling (651) 642-1903.

### ABOUT THE ASSOCIATION...

The Minnesota Association of Community Mental Health Programs is a non-profit organization dedicated to providing leadership and service which strengthens member agencies, improves service quality and fosters a unified voice for providers and clients.

## CONFERENCE HIGHLIGHTS...

### OPENING ADDRESS...

Wednesday, September 29 — 1:00 p.m. - 2:30 p.m.

#### Inspired to Change: From Personal Recovery to Organizational Transformation

**Lori Ashcraft, PhD, CPRP**

Recovery Opportunities Center / Recovery Innovations - Phoenix, AZ

The inspiration behind Dr. Ashcraft's commitment to recovery stems from her own personal experience of recovering from mental illness. She will share her personal recovery journey and describe how it led to developing ways of helping organizations recover as well. The session will include descriptions of various tools and approaches that can be applied to organizational transformation and create irresistible programs. Dr. Ashcraft believes that recovery "takes a village," so she will include the inspirational roles each person can play to promote personal and organizational recovery. The tools, approaches and roles all fit within a context of a wellness model described in her book, *Offering Wellness*. Attendees will review ways of using recovery approaches to inspire and support personal and organizational recovery, and develop irresistible programs that will inspire both staff and participants to bring their strengths to the table.

**Lori Ashcraft** is the Executive Director of Recovery Opportunities Center with Peer Support training, consulting and system development operating in 30 states and three countries. Dr. Ashcraft recently served as a professor for the University of Arizona teaching psycho-social rehabilitation and managed one of eight SAMHSA funded employment demonstration programs.

### CLOSING ADDRESS...

Friday, October 1 — 11:20 a.m. - 12:30 p.m.

#### Looking Ahead & Changing the Air that We Breathe

**David Wellstone**

Wellstone Action! / Wellstone Action Advisory Board - Minneapolis, MN

Join us for an empowering and inspiring message about getting involved in our democracy. Learn how, as mental health professionals, our personal and professional commitment to change can impact the direction of mental health policy. The session will emphasize the "how, when and why" to get involved in the democratic process.

**Paul David Wellstone, Jr.** is the son of the late Senator Paul Wellstone. Along with his brother, David is the Co-Founder of Wellstone Action, a national center for training and leadership development for the progressive movement. Founded in January 2003, Wellstone Action's mission is to ignite leadership in people and power in communities to win change in the progressive tradition of Paul and Sheila Wellstone.

### PLENARY SESSIONS...

Thursday, September 30 — 8:30 a.m. - 9:45 a.m. (*Choose One*)

#### Protecting Resilience: Supporting Developmental Competence & Confidence in Children

**Anne Gearity, PhD, LICSW**

Independent Practice / Community Faculty, University of Minnesota / Consultant, Washburn Center for Children - Minneapolis, MN

Resilience is described as the ability to keep growing despite adversity. Many children experience significant risks to their well-being and sometimes these risks cannot be eliminated. Mental health, often symptom-driven, must keep focusing on protecting children's developmental mastery and their sense of security within the social community. This imperative is necessary to assure our programs are truly helpful and do not add to harm. Learn about how children are protected in the face of risks, how interventions support overall development and how security can be restored so that resilience becomes a possibility for each child.

**Anne R. Gearity**, is a licensed clinical social worker practicing mental health in Minneapolis. She has worked for over three decades with very at risk children and their families and has written a treatment manual, *Developmental Repair*, describing this work at Washburn Center for Children.

(-OR-)

#### Falling in Love with Your Own Life, Yet Again

**Pete Feigal**

National Speaker & Consumer Advocate / Tilting at Windmills / Art That Moves

Need a refresher course on finding that spark everyday, the way to keep going during tough times and how to develop relationships with everyone you meet? This session will delve into the issues of forgiveness, how humor can save your life, and taking the hard knocks and turn them to advantages in our lives. About 97% of success in life is how we deal with others; there are easy ways to make meaningful connections, even with relationships that last only 30 seconds. Pete will discuss how to: overcome impatience and crabbiness, open the way for more love and healing, and learn that there is no such thing as "normal life."

**Pete Feigal** will share insights gained from his own experience with mental illness and the wisdom he's learned from others to find new meaning, purpose and hope. Pete has battled clinical depression for forty years, and MS for twenty-three and has lived to "tell the tale." He has spoken nationally over fifteen hundred times for schools, colleges, prisons, corporations, churches, medical professionals and police forces around the nation. He is the co-founder of 'Tilting At Windmills,' a theater and arts program for clients. Pete is also a nationally known artist, who specializes in the rare technique of pointillism.

**TUESDAY PRE-CONFERENCE INSTITUTE...**

Tuesday, September 28 — 9:30 a.m. - 5:00 p.m.

**Supervision in Changing Times**

**C.J. Johnson, LMHP, MCSW, LMFT**

Region V Systems - Lincoln, NE

**Anita Kinsley, MA**

Mental Health Association of Southeastern Pennsylvania - Philadelphia, PA

Although supervisors have a pivotal impact on the effective provision of services, they receive surprisingly little training in the skills necessary to carry out their function. Many training programs often concentrate on the managerial aspects of the job, such as budgeting, time management, report writing or setting objectives, but give little attention to the interpersonal skills needed for implementing supervisory functions and promoting change. Many times this lack of interpersonal skills training is a result of assuming that professionals who can do their jobs well as human services workers should be able to make the transition to supervisory positions on their own. Although there is some truth to the idea that direct practice experience with clients, patients and others can be useful, it is a fallacy to assume this parallel between practice and supervision.

This session will focus on how to build skills that will promote growing leaders, individual and organizational change, and how to bridge generational gaps. Both new supervisors and experienced supervisors will benefit from this training by learning how to move the staff they supervise forward, how to help promote individual and organization change and how to address challenges. Additionally, experienced supervisors can utilize new and refreshed techniques to make adjustments to changing demands in the field of supervision.

Learning Objectives:

- Identify the causes of compassion fatigue and how to address them.
- Develop skills as a good employee into helping those you supervise self-manage.
- Develop an understanding of motivators and potential limitations of different staff.
- Identify individual and organizational change processes and how to support employees.
- Develop practical techniques/tools to promote growing leaders and healthy change.
- Examine strengths-based coaching techniques and corrective action planning.

**Anita Kinsley** is the Bucks County Division Director at the Mental Health Association of Southeastern Pennsylvania and was previously an instructor for the Division of Behavioral Healthcare at Drexel University College of Medicine. Anita, once a case manager supervisor, is now a versatile educator who has developed well-researched curricula in many areas including supervision. **C.J. Johnson** has over 30 years in human services experience and is currently the Regional Administrator of Region V Systems which provides administrative and contractual oversight management for behavioral health services in southeast Nebraska. C.J., a highly praised speaker, has a well-established reputation of presenting topics such as supervision, time management and organizational change. He also provides consultation to other professionals and organizations.

\*Additional payment required for Pre-Conference Institutes.

Detailed institute info, agendas & speaker bios are available at [www.macmhp.org](http://www.macmhp.org)

**WEDNESDAY PRE-CONFERENCE INSTITUTES...**

Wednesday, September 29 — 8:30 a.m. - 11:30 a.m. (*Choose One*)

**Clinical Supervision Skills**

**C.J. Johnson, LMHP, MCSW, LMFT**

Region V Systems - Lincoln, NE

**Anita Kinsley, MA**

Mental Health Association of Southeastern Pennsylvania - Philadelphia, PA

Supervision of mental health practitioners is a critical component of training to become a licensed mental health professional. This supervision is intended to help the mental health practitioner learn from his or her experiences and progress in expertise, as well as ensure good service to clients. Often times, professionals are put in the position of supervising a practitioner without any training on effective supervision. Learn tools and techniques to: effectively manage the supervision of mental health practitioners, help those you supervise grow from experiences, deal with ethical concerns and document clinical supervision.

The two presenters have over 50 year of combined experience in the human services field both as direct line employees, supervisors and administrators. Both are versatile educators who have developed well-researched curricula.

(-OR-)

**From the Baby's Point of View: Ensuring the Development of Mentally Healthy Children**

**Terrie Rose, PhD**

Baby's Space - Minneapolis, MN

"Mentally healthy children" refers to the developing abilities of young children to build relationships, manage their emotions and learn. Dr. Rose debunks the fears and myths that keep young children from receiving adequate diagnosis and effective treatment. By encouraging participants to discard conventional thinking and out-moded prejudice, She will demonstrate how to curb illness and develop mentally healthy children and adults.

Looking at the everyday moments of early childhood development from the baby's point-of-view, participants will gain knowledge of evidence-based, common-sense approaches that respond to each stage of a baby's unique development. Participants will review the toxic effects of childhood traumas and maltreatment, and the lasting consequences of unrecognized and untreated mental illness. Gaining a fuller understanding of the symptoms expressed by young children and appropriate diagnostic and intervention procedures, participants will enhance their practice across the life span.

**Terrie Rose** is a child psychologist, long-time leader in the field of early childhood development, a national trainer and mother of three. As the Founder and President of Baby's Space in the Little Earth Learning Center in Minneapolis' Phillips neighborhood, she's going national with her integrated, "one-stop" early childhood development model. Baby's Space offers low-income children and families sustainable, high-quality, culturally-relevant, neighborhood-based child development services and K-3 education.

# CONFERENCE SCHEDULE SUMMARY

## Tuesday, September 28

9:00 Registration for Institute  
 9:30 - Noon Pre-Conference Institute  
 Noon - 1:00 Institute Lunch at the DECC  
 1:00 - 5:00 Pre-Conference Institute continues

## Wednesday, September 29

8:00 Registration for Institutes  
 8:30 - 11:30 Pre-Conference Institutes  
 10:00 - 1:00 Conference Registration  
 10:00 Exhibit Hall Opens  
 1:00 - 2:30 Welcome & Opening Address  
 2:30 - 2:45 Break  
 2:45 - 4:00 Concurrent Sessions  
 4:00 - 4:15 Break  
 4:15 - 5:30 Concurrent Sessions  
 5:30 - 6:30 Welcome Reception  
 6:30 - 7:30 Evening Sessions

## Thursday, September 30

7:00 - 8:15 Networking Breakfast  
 8:30 - 9:45 Plenary Session  
 9:45 - 10:00 Break  
 10:00 - 11:00 Concurrent Sessions  
 11:00 - 11:30 Extended Break with Bonus Session  
 11:30 - 12:45 Concurrent Sessions  
 12:45 - 2:00 Banquet & Awards Luncheon  
 2:00 - 3:30 Concurrent Sessions  
 3:30 - 4:00 Extended Break  
 4:00 - 5:30 Concurrent Sessions  
 6:00 Optional Dinner & Social Activity

## Friday, October 1

7:30 - 8:30 Wake-Up to Wellness  
 8:30 - 9:45 Concurrent Sessions  
 9:45 - 10:00 Break  
 10:00 - 11:15 Concurrent Sessions  
 11:20 - 12:30 Closing Address  
 12:30 Participant Raffle Drawing

# PRE-CONFERENCE INSTITUTES

### TUESDAY, SEPTEMBER 28

9:30 am – 12:00 pm

Supervision in Changing Times - C.J. Johnson, LMHP, MCSW, LMFT - Anita Kinsley, MA	<b>LUNCH</b>	Supervision in Changing Times (continued)
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### WEDNESDAY, SEPTEMBER 29

8:30 – 11:30 am

Clinical Supervision Skills - C.J. Johnson, LMHP, MCSW, LMFT - Anita Kinsley, MA	<b>- OR -</b>	From the Baby's Point of View: Ensuring the Development of Mentally Healthy Children - Terrie Rose, PhD
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# WEDNESDAY, SEPTEMBER 29\*

Track	1:00	2:45-4:00	4:15-5:30	5:30	6:30-7:30
Child Mental Health: Engaging Families		Engaging Parents Using Family-Driven Treatment - Lynne Peterson	Preaching to the Choir: I Didn't Know It, But I Really am Making a Difference! - Mike Coyne, MA, LADC, CPP		Rejuvenating Through Play & Art - Beth Prewett, MS, LPCC - Lynette Olds, MSW, LICSW - Connie Hayes, BA
Child MH: Developmental Interventions		Staying Out of Power Struggles: Effectively Treating Oppositionally Defiant Kids - Dean Grace, EdD	Building Developmental Assets with At-Risk Youth: A Strength-Based Model of Treatment - Dean Grace, EdD		
Community Psychiatric Services		Treating Schizophrenia in Seniors - John Simon, MD	The Role of Sleep in Behavior, Diagnosis and Treatment - David Swenson, PhD, LP		
Recovery and Health		Eight Steps of Recovery Planning - Lori Ashcraft, PhD, CPRP	Peer Support Network: A Unique Model of Recovery, Support and Service Learning - Michael Fahey, MS, LSW - Judy Hovelson, CFNP, RN, MS		Complementary & Alternative Care: Homeopathy & Qigong - Kris Flaten, MDiv - Glenn Tobey, MDiv, MA, LICSW
Adult Mental Health		Rejuvenation Takes Work: How Employment Can Impact MH - Ann Macheleit, MS, CRC - Laura Weber, MA, LMFT - Becky Bazzarre, BS - Diane Erkens, LGSW	The Bipolar Coaster - Riding the Edge of Madness with Two Minds - Carlton Davis		
Chemical Health: Special Populations		Substance Abuse: Working with Minnesota National Guard and Their Families - Christine Dawson, LADC, BES	Empowering Individuals with Brain Injury and Chemical Abuse - Annette Pearson, MS, LADC, CBIS		
Drug Abuse Trends		Opiates, the Next Tidal Wave - Rick Moldenhauer, MS, LADC, ICADC, LPCC	Not What the Doctor Ordered - Prescription Drug Abuse in MN - Rick Moldenhauer, MS, LADC, ICADC, LPCC		
Policy Collaboration and Advocacy		Rejuvenating Our Promise Through Collaborative Policy Reform - Mark Haase, JD - Cassandra Dutrieuille, MA - Anna McLafferty - Sarah Walker, BA	When Advocacy Isn't Enough - Successful Mental Health Class Action Lawsuits - Dan Stewart, JD - William Dikel, MD		
Organizational Tune-Up		Mental Health & Leadership: The Use of Self for Improving Client and Organizational Well-Being - Steve Carlson, PsyD, MPNA	Knowing When You are There: Shifting Organizational Culture - Lori Ashcraft, PhD, CPRP		
New Rules for New Times		Rules! Revision of DHS Rule that Regulates Medicaid Payment for Outpatient Mental Health Services - Panel: MN DHS Adult & Children's Divisions	MN Certification for Intensive Outpatient DBT Service Providers - Julie Pearson, MSW, LISW - Suzanne Witterholt, MD		
New Approaches to Care Management		Healthcare Navigators: Avoiding Higher Levels of Care, Ensuring Client Satisfaction & Increasing Revenue - Shawna Vivant, MEd - Lorraine Pierce, MS, LP - Heather Hennen	Delivering on the Promise of Care Coordination - Karen Lloyd, PhD, LP - Kari Duong-Topp, PsyD, LP - Angela Stratig, MSW, LICSW		

WELCOME AND OPENING ADDRESS

WELCOME RECEPTION

\* schedule subject to change

# THURSDAY, SEPTEMBER 30\*

Track	7:30	8:30	10:00-11:00	11:30-12:45	12:45	2:00-3:30	4:00-5:30	6:00
Child & Adolescent Psychiatric Services	NETWORKING BREAKFAST	PLENARY SESSIONS	Protecting Resilience as Children Grow: Practical Applications in Everyday Interventions - Anne Gearity, LICSW, PhD	"Incredible" Parents and Kids!!!! - Gael Thompson, LICSW, MSW - Judy Ohm, BSW - Pat Landy, BA - Monica Idzelis, PhD	BANQUET & AWARDS LUNCHEON	Evidence-Based Treatment of Eating Disorders - Julie Lesser, MD - Heather Gallivan, PsyD, LP	Practical Approaches to Autism - William Sheehan, MD - Steven Thurber, PhD, ABAP LP	OPTIONAL GROUP DINNER & SOCIAL ACTIVITY
Risk and Resilience for Kids and Families			The Native American Traditions Revisited Project - a Curriculum for Families Impacted by FASD - Rosemary White Shield, PhD	Promoting Early Childhood Mental Health in the Adult Mental Health System - M. Casey Ladd, MSW, LICSW, LMFT - Catherine Wright, MS - Nancy Miller, MSW, LICSW - Linda Curran, LICSW, MEd		Rejuvenating Our Promise to People with Fetal Alcohol Spectrum Disorders - Lynne Frigaard, FAS	Healing the Wound; A Family's Journey Through Chemical Dependency - Mathias Karayan, MA, LADC	
Community Psychiatric Services			A Backstage Pass: Being a Doctor on an ACT Team - Walter Rush, MD	Identification & Early Treatment of First Episode Psychosis - Saprina Matheny, MSW, LICSW - Peter Miller, MD, FRCPC - Christine Hakala		Morbidity & Mortality in People with SMI: Responding to the Epidemic - Alan Radke, MD, MPH - Michael Trangle, MD - Sally Sales, MA, CPRP	Marijuana and Mental Illness - Kevin Turquist, MD	
Motivational Interviewing and Engagement			Motivational Interviewing: Review the Fundamentals and Principles - Suzanne EckMaahs, MINT Trainer	What's HOT in Motivational Interviewing (MI): Becoming a Change Talk Expert - Suzanne EckMaahs, MINT Trainer		What's HOT in Motivational Interviewing (MI): Becoming a Change Talk Expert - Suzanne EckMaahs, MINT Trainer	Rejuvenating Our Efforts When Meeting Up With Resistance - Julie Duncan, MA, LP - Paula Gaboury, MA, CPRP	
Recovery and Health			Inside the Real Life of Madness - Andrew Gadtke	Incorporating Recovery into Case Management Services - Sally Sales, MA, CPRP - Sharon Witt, MMA, CPRP - Michelle Zuzek, MSW, LICSW, CPRP		Photovoices of Recovery - Sharon Witt, MMA, CPRP - Ho Nguyen, BA - Byron Adams, BS - Jessi Bruehling, MA, LPCC	Understanding Harm Reduction - Paula DeSanto, MS, LSW, CPRP	
Trauma and Co-Occurring Treatment			Missing Pieces: Evidence Based Treatment for MI/CD Relapse - Stephen Casey, MEd, LADC, LISW	Treatment of Trauma in Native American Clients - Bill Fullerton, MEd, MSW, LICSW - Jessica Gourneau, PhD		ASAM: An Effective Model for Comprehensive Dual Diagnosis Treatment - David Smith, LICSW, PhD	Introduction to Trauma Informed Care - Gary Eustice, MS, LP	
Practical Therapy Skills			Suicide, Self-Harm and Related Mental Health Issues of Older Adults - Atashi Acharya, LICSW, ACSW - Joan Stauffer, MSW, LGSW	Effectiveness of Intensive Outpatient Treatment Modality in Serving Older Adults with Major Mental Illness - Katie Perzel, MSW, LICSW		A Practical Four-Step Process for Couples Therapy - Paul Springstead, PsyD, ABPP, LP	Cognitive Behavior Therapy and Eating Disorders (CBT-E): A Manual Based Treatment Protocol - Anne Marie Vorbach, PhD, LP	
Connecting Combinations of Care			Hospital to Home: Rejuvenating Health and Reducing Costs - Keith Henry, MD - Kate Bitney - Julie Grothe, CPRP, MDiv - Shawntera Hardy	Providing Integrated Care: Initial Lessons from the "Wellness PIN" - Cary Zahrbok, LICSW, MSW - Emily Schug, MSW - Mark Oster, MA, LP - Sarah Keenan, RNC - Don Allen - Patty Lauer-Roberts		Systems Care Coordination: Shared Responsibility for MH, Medical & Managed Care - Mark Skrien, MA, LP, LMFT - Elizabeth Keck, BSW, LSW - Carolyn Wheeler, MSW, LICSW - Anne Draeger, BSN, RN - Joan Monahan, BA - Kelly Harder, MSW	Transportation of Persons Needing Acute Psychiatric Care - John Anderson, MA	
Personal Development/ Professional Skills			Using Mindfulness Strategies to Treat Symptoms of Depression, Anxiety and Trauma - Tara Severts, MSW, LGSW	"Look It In the Eye" - Jim Gruba, MS, LP - Kim Matteen, BA - Virginia Spiess, MHP - Dan Woods		De-escalation 101: Helping People in Crisis - Russell Turner, MA, MS	Japanese Reiki: The Gentle Healing Art - Jody Guy-Krull, Reiki Master/Teacher	
Management and Leadership			Privacy Update: What's New with HIPAA and Data Practices? - Mary Martin, JD	Rejuvenating Your Employee Handbook - Mary Martin, JD		Leadership Excellence: Take Control of Your Destiny - Robert Dahl, MBA	Mental Health Parity: Practical Implications of New Federal Law - Ron Brand, MA - Louise Clyde, RN - Bryan Hamel, LICSW - Karen Lloyd, PhD, LP	
Evidence-Based Practices	Lessons Learned from the Behavioral Health Depression Collaborative - Jerry Storck, PhD - Pam Pietruszewski, MA - Michael Trangle, MD - Mark Skrien, MA, LP, LMFT - Steven Vincent, PhD, LP - Dan Johnson, PsyD, LP	Clinical Implementation of IDDT - David Fruehling, LICSW, MSSW, LCSW - Megan Ries, MS, LPC, NCC - Carrie Swenson, BSW, LSW	When Full-Scale ACT Isn't Possible: A Promising New Approach Called "ICRS" - Tom Witheridge, PhD, LICSW - Dave Schultz, MA - Tina Nunemacher-Tews, LSW - Jerry Storck, PhD	Evidence-Based Addiction Treatment in a Mental Health Setting - Saul Selby, MA, LADC				

\* schedule subject to change

# FRIDAY, OCTOBER 1\*

Track	7:30	8:30-9:45	10:00-11:15	11:20	12:30
Children's Services Customized for Culture		Hlub Zoo: Rejuvenating Our Promise to Help Hmong Girls and Families "Grow Well & Love Well" - Mary Vang Her, MSW - Mao Thao	Appropriate Services for Sexual Minority Youth - Timothy Denney, MS, CRC	<b>CLOSING ADDRESS</b>	<b>PARTICIPANT RAFFLE DRAWING</b>
Children's Mental Health Innovations		Attachment and Play: Strategies and Interventions to De-escalate Children and Adolescents in a Mental Health Crisis - Sarah Cross, MSW, LICSW - Kathleen Kane, LICSW			
Community Psychiatric Services		Mood Disorders Update: Referring Patients for Specialty Evaluation & Interpersonal Social Rhythm Therapy - Mark Williams, - Astrid Hoberg, DNP, RN, CNS - Grant Bauer, LICSW, MSW - Mary Jo Moore, RN, MAN, C	Maintaining Medication and Other Biological Treatments - David Kerski, MD		
Adult Mental Health		Diabetes and Health Coaching Fundamentals - Desiree Moody, RN, MSN, CNS	Continuity of Therapy and Its Importance in the Long-Term Treatment of Schizophrenia - James Mc Creath, PhD, LCSW		
Understanding Self Harm		The Bright Red Scream - Self Harm - Gary Eustice, MS, LP			
Alternative Therapies		Rejuvenating and Revitalizing with Foundation Nutrition - Sandra Spore, RN, DC, DABCI, DACBN, CCN, NMD	Rejuvenating Your Body with Hyperbaric Oxygen - Sandra Spore, RN, DC, DABCI, DACBN, CCN, NMD		
Ethics - Meets Social Worker Requirement		Effective Ethics - Michelle Gricus, LICSW, MSW			
Supervision Skills		Exploring Complexities in the Supervisory Relationship - Mark Carlson, PhD, LP - Isabel Chell, PhD, LP			
Public Policy		Legislative & Public Policy Forum - Ron Brand, MA	Health Care Reform: Key Provisions Affecting Behavioral Health Providers & Consumers - Ron Brand, MA		

\* schedule subject to change