

WEDNESDAY, SEPTEMBER 21

| Track | 1:00 | 2:45-4:00 | 4:15-5:30 | 5:30 | 6:30-7:30 |
|--|------------------------------------|--|---|--------------------------|--|
| Trauma Informed Care Split Rock 1 | | What is Trauma Informed Care? - Abigail Gewirtz, PhD, LP - Dawn Reckinger, MPH, PhD | Practical Skills for Working with Military Families - Abigail Gewirtz, PhD, LP | WELCOME RECEPTION | |
| Child & Family Services Split Rock 2 | | Family Therapy - Appropriate Family Involvement - M. Casey Ladd, MSW, LICSW, LMFT | Using Life Coaching Skills as a Purposeful Strategy with Youth & Families - Sandra Lindgren, MSW, LICSW, PCC | | <i>Evening Session</i> Beyond Downward Facing Dog: Yoga as an Approach in Social Work Practice - Susan Rickers, MSW, LICSW Lake Superior O |
| Community Psychiatric Services Lake Superior M/N | | Honey, I Shrunk the State Hospital! - Steven Pratt, MD | Metabolic Syndrome & Mental Illness - Kevin Turnquist, MD | | |
| Justice & Corrections Lake Superior L | WELCOME AND OPENING ADDRESS | Reintegration of Mentally Ill Offenders: What Do We Do With Them? - Jolene Rebertus, MA, LPC, NCC - Jeff Spies, MA, LADC - Mark Groves, MS, LADC | Supporting Recovery for Justice-Involved Clients - Panelists listed on page 9 | | |
| Adult: Special Populations French River 1 | | Military Culture, Readjustment & Deployment Related Mental Health Issues of Veterans - Dawn Matz, MSW, LICSW, DCSW, QCSW - Elizabeth Rezek, MSW, LICSW, LADC | | | |
| Adult Clinical Tools French River 2 | | Cognitive Enhancement Therapy: Physical Therapy for the Brain - Ray Gonzalez, ACSW, LISW-S | Understanding Anxiety...The "What If" Disorder - Todd Mulliken, MS, LPCC | | |
| Assertive Community Treatment Gooseberry Falls 1 | | Getting Our ACT Together - Walter Rush, MD - Tracy Hinz, MSW, LICSW - Helen Wood, MD | Using the Tool for Measurement of Assertive Community Treatment to Improve Purposeful Strategies & Practical Skills of ACT Teams - Panelists listed on page 10 | | |
| Crisis Services & Behavioral Management Gooseberry Falls 2 | | Over Night Crisis Care & Stabilization - William Aifeldt, MSSW, LICSW - Angela Byczynski, LGSW - Gretchen Welch, LICSW - Jonelle Bollig, MS | Getting the Word Out: Practical Skills for Mental Health First-Aid - Diane Erkens, LICSW | | |
| Opportunities for Reform Lake Superior O | | A Future View of Community Mental Health - Monica Oss, MS (Moderator) - Panelists listed on page 7 | | | |
| Supervision Skills Gooseberry Falls 3 | | Thinking Outside the Box- Providing Effective Supervision to Home Based Employees - Karen Helfand, MA, LICSW | Passion, Productivity & Profit - Effective Management for Non-Profit Organizations - Mark McNamer | | |

THURSDAY, SEPTEMBER 22

| Track | 7:00 | 8:30 | 10:00-11:00 | 11:30-12:45 | 12:45 | 2:00-3:30 | 4:00-5:30 | 6:00 |
|--|---|--|---|--|---------------------------|---|---|---|
| Child Services Split Rock 1 | NETWORKING BREAKFAST | PLENARY SESSIONS | Lethal Means Restriction Education Program - Donna Fox | Before Time Out - The CHOICES Program - Jessica Burkhamer, MSW, LICSW | BANQUET & AWARDS LUNCHEON | Purposeful Strategies for Adolescent Non-Suicidal Self Injury (NSSI) - Harold Pickett, PsyD, LP | Transitioning Youth (18-21) to Adult Services: Implementing Federal Fostering Connections - John Nalezny, BSW - Traci Thompson, MSW, LICSW - Jodi Hilber, MS, LISW - Kathleen Pape, MSW, LICSW | OPTIONAL GROUP DINNER & SOCIAL ACTIVITY |
| Child & Family Services Split Rock 2 | | | Trauma Assessment Family Treatment Program (TAFT) - Saprina Matheny, MSW, LICSW - M. Casey Ladd, MSW, LICSW, LMFT | Healing the Wound; The Family's Journey Through Chemical Dependency - Mathias Karayan, MA, LADC | | Family-Based Treatment of Eating Disorders: Evidence & Key Interventions - Julie Lesser, MD - Beth Brandenburg, MD - Heather Gallivan, PsyD, LP | Trauma Informed Services: Understanding Effects of Trauma on Development & Strategies for Service Provision to Homeless Youth - Lisa Bomeman, MSW, LICSW - Shelly DeVore, MSW, LGSW - Shannon Brennan, MSW, LICSW | |
| Community Psychiatric Services Lake Superior M/N | | | Developing Strategies & Honing Practical Skills in Managing Bipolar Mood Disorder - Michael Farnsworth, MD | Problem Solving Strategies in the Treatment of Anxiety, Depression & Eating Disorders - Julie Lesser, MD - Beth Brandenburg, MD | | Integrated Systems of Care: Role of Behavioral Health & the Psychiatrist - Alan Radke, MD - MPH Session Cancelled | MN 10x10 Update - Responding to Decreased Lifespan in SMI Patients - Panelists listed on page 32 | |
| Adult Co-Occurring Conditions Lake Superior L | | | Treating the Dual Disordered Client - Karen Edens, MPH - Steve Girardeau, PsyD, LP | Coping with Addiction & Mental Illness (MI-CD) - Mark Zabawa, AAS Session Cancelled | | A Review of Development, Service Provision & Diagnostic Correlates in a Treatment Program for Co-Occurring Disorders - Linda Moore, MS, LADC - David Wright, MSW, LICSW | You Can't Do Anything You Don't Want To Do: Creating Lasting Change in "Resistant" Clients - Geoffrey Meyer, MA | |
| Clinical Strategies French River 1 | | | Building Inclusive Communities: Understanding East African Immigrant Cultural Values, Perception of Mental Illness & Treatment Preferences - Oswald Shanalingigwa, MSW, LICSW, PhD | Purposeful Narrative Strategies for Invigorating the Values of Psychiatric Rehabilitation - Bharati Acharya | | Continuity of Therapy & Its Importance in the Long-Term Treatment of Schizophrenia - James McCreath, PhD, LCSW | Psychological Adaptations of Adults with Autism - June Wood, PhD, MA Spec Ed MA MMFT, LICSW | |
| Recovery Services French River 2 | | | Certified Peer Specialist Services: Coming Soon to a Rehabilitation Option Near You - Shelly White, BA - Rachel Voller, BA | Shared Decision Making: Practical Skills to Promote Mental Health Recovery - Bridget Hegeman, PhD, LP, CPRP - Stacy Salmi, MA, CPRP - Karen Crowl-Johnson, MA, CPRP | | The Art & Therapeutic Benefit of Journaling - Janna Brayman Krawczyk, MAT | De-escalating People in Crisis: What Helps When Someone is Upset? - Russell Turner, MA, MS | |
| Stay Well Stay Working St. Louis River | | | The Life Planning Approach - Securing the Future for Persons With Disabilities - Daryll Stenberg, BS, MA, ChFC, CLU - Roger Strege, BS | Stay Well, Stay Working: Research Project Focused on Individuals with Serious Mental Illness - Edwin Bonnie, PhD, LP | | Work and Benefits Planning for People with Disabilities - Lesli Kerkhoff | Stable Employment, Safe Housing & Supportive Peers: A Recipe for Recovery - Ashley Trepp, MSW, LICSW - Stephen DeLong, BS | |
| Wellness in Actions Lake Superior O | | | Spring Forest Qigong's Strategies & Practical Skills for Everyday Life - Glenn Tobey, MDiv, MA, LICSW | Yoga Calm: An Integrated Approach to Wellness - Kathy Flaminio, MSW, RYT | | Using Acupuncture in an Addiction Treatment Center - A Local Case Study - Steve Spader, Licensed Acupuncturist - Jen DeMaio, Licensed Acupuncturist - Connie Longie, LAC | Relax With Reiki & Reduce Your Stress - Jody Guy-Kruec, Registered Karuna Reiki Master | |
| Opportunities for Reform Gooseberry Falls 1 | | | Advocacy & Opportunity: Dialogue with National Council (NCCBH) - Ron Brand, MA - Charles Ingoglia, MSW | Envisioning Future Collaboration in Healthcare - Karen Lloyd, PhD, LP - Susan Leskela, MSW, LICSW - Caren Rennee-Markham, MSSW, LICSW | | Legal, Clinical & Operational Issues/Opportunities Under the New Payment & Care Delivery Strategies - Michael Scandrett, JD - Emily Zylla, MPH | An Innovative Model of Rural Mental Health Care: The Success of the SCCBI Psychiatric Hub - Angela Youngerberg, MA - Michael Farnsworth, MD - MaLinda Henderson, RN, CNP | |
| Supervision Skills Gooseberry Falls 2 | | | Leadership: Purposeful Strategies & Practical Skills - Josh Denton, MA | Effective Disciplinary, Termination & Grievance Policies - Mary Martin, JD | | When Stress Sabotages Our Passion for Our Work - Karen Edens, MPH | The Challenge of the "White Collar Psychopath" - David Swenson, PhD, LP - Jerry Henkel-Johnson, PsyD, LP | |
| Management Skills Gooseberry Falls 3 | The Insider's Guide to Unemployment Compensation Cases - Mary Martin, JD | Lessons Learned - The Road to a Recovery Organization - Panelists listed on page 26 | Social Work Licensing: What You Need To Know - Kathleen Zacher-Pate, LSW, BA - M. Casey Ladd, MSW, LICSW, LMFT | Clinical Audits: Introducing Continuous Quality Improvement Across an Agency - Tanya Anderson, MA - Ann Henderson, LICSW, MSW | | | | |

FRIDAY, SEPTEMBER 23

| Track | 8:00 | 8:30-9:45 | 10:00-11:15 | 11:20 | 12:30 |
|---|---|--|---|------------------------|-----------------------------------|
| Child MH Special Populations Split Rock 1 | COFFEE AND CONTINENTAL BREAKFAST | Appropriate Services for Sexual Minority Youth - Timothy Denney, MS, CRC | | CLOSING ADDRESS | PARTICIPANT RAFFLE DRAWING |
| Child MH Project Showcase Split Rock 2 | | School-Linked Services: Sustaining & Spreading Best Practices - Tom Steinmetz, MA - Kristin Lotgren - Glenn Anderson, JD - Marcia Tippery, PhD, LP | Suicide Prevention & the Role of Children's Mobile Crisis Response Teams - Phyllis Brashler, PhD - Mary Jo Verschay, MSSW - Melanie Warm, LICSW, MSW | | |
| Community Psychiatric Services French River 1 | | Exploring Underlying Factors that Contribute to Chemical Imbalances (part 1) - Paula DeSanto, MS, LSW, CPRP - Jill Sweeny, MSW, LICSW | Learning "Emotion Based" Interventions (part 2) - Kevin Turnquist, MD | | |
| Drug Use Trends Lake Superior M/N | | Minnesota's Emerging Drug Trends: A Detailed Overview - Rick Moldenhauer, MS, LADC, ICADC, LPCC | Sweet Leaf in 2011 - Rick Moldenhauer, MS, LADC, ICADC, LPCC | | |
| Adult Clinical Services French River 2 | | Clients with Psychopathy in Clinical Practice - Melodie Broden, PhD, LP - Samuel Hintz, MA | | | |
| Adult Mental Health Lake Superior O | | The Things We Think & Do Not Say - Pete Feigal | | | |
| Triage & Disaster Recovery Gooseberry Falls 1 | | Realize the Role You & Your Agency May Have During Disaster Response & Recovery - Nancy Carlson, BS, CTF, CTE | MN PsySTART (Psychological Simple Triage & Rapid Treatment) Pilot Project - Nancy Carlson, BS, CTF, CTE | | |
| Public Policy Advocacy Gooseberry Falls 2/3 | | Legislative & Public Policy Forum - Ron Brand, MA - Tom Lehman - Members of the MN Legislative Network | | | |
| Core Competencies Lake Superior L | | Using Core Competencies to Drive Ethical Decision-Making - Russell Turner, MA, MS | | | |