

FRIDAY

Friday, September 23

Child Mental Health - Special Populations, All Levels

Friday, September 23
8:30 a.m. - 11:15 a.m.

Appropriate Services for Sexual Minority Youth

Timothy Denney, MS, CRC
Northwestern Mental Health Center
Crookston, MN

Learn about the youth experience behind the "LGBTQI2-S" labels, and how these youth identify themselves. Gain a greater understanding of risk factors, strength factors, and informal supports important to strengths-based service planning. Participants will also understand appropriate ways of planning for services and placements.

Child Mental Health Project Showcase, All Levels

Friday, September 23
8:30 a.m. - 9:45 a.m.

School-Linked Services: Sustaining & Spreading Best Practices

Panelists from School Projects
to be Announced

Minnesota's school-linked projects have evolved into highly valued services. This session will describe the clinical model(s), strategies for sustainability, lessons learned regarding collaboration, and growing pains as the services evolve and expand in local communities. A panel will share experiences and data about client characteristics and service models such as clinic or CTSS co-located within the school, special education related services, student assistance consultation and outreach services.



Community Mental Health
Annual Conference

Community Psychiatric Services, All Levels

Friday, September 23
8:30 a.m. - 11:15 a.m.

Exploring Underlying Factors that Contribute to Chemical Imbalances (part 1)

Learning "Emotion Based" Interventions (part 2)

Paula DeSanto, MS, LSW, CPRP
Jill Sweeny, MSW, LICSW
Minnesota Alternatives, LLC
Columbia Heights, MN

Kevin Turnquist, MD
AMRTC / Touchstone Mental Health
Anoka, MN

Too often people are told they have a biological disorder when often their difficulties stem from underlying emotional/stress related issues. Are we too quick to medicate and distract, instead of helping clients learn to feel and resolve difficult emotions? Do we minimize the importance of basic human needs like safety and community? This workshop will provide creative interventions to help identify and address the underlying issues that contribute to both mental and chemical health issues.

Drug Use Trends, All Levels

Friday, September 23
8:30 a.m. - 9:45 a.m.

Minnesota's Emerging Drug Trends: A Detailed Overview

Rick Moldenhauer, MS, LADC, ICADC, LPCC
MN DHS - Alcohol & Drug Abuse Div
St. Paul, MN

In order to prevent drug abuse, we need to know what is out there and what is coming next. We know methamphetamine, marijuana, and prescription drugs are problems, but what about MDPV, K2, heroin, and ecstasy? There are always new threats to learn about and some older drugs are making a comeback. Discussion topics may include: Methylenedioxypyrovalerone MDPV (Bath Salts), medical marijuana, prescription drugs, and over-the counter drug misuse.

Adult Clinical Services, Intermediate / Advanced

Friday, September 23
8:30 a.m. - 9:45 a.m.

Clients with Psychopathy in Clinical Practice

Melodie Broden, PhD, LP
VA Health Care System
Minneapolis, MN
Samuel Hintz, MA
U of MN - Dept of Counseling Psychology
Minneapolis, MN

Treatment of psychopathy is usually considered a pessimistic clinical exercise. This presentation explores the diagnostic differences between psychopathy and related concepts of antisocial behavior or sociopathy. We will discuss treatment implications; drawing from case studies and cultural examples to highlight best practices when working with this population.

Adult Mental Health, All Levels

Friday, September 23
8:30 a.m. - 11:15 a.m.

The Things We Think & Do Not Say

Pete Feigal
Tilting at Windmills / Art That Moves
Minneapolis, MN

Pete Feigal shares insights and solutions collected from hundreds of consumers about tough issues of mental illness, including: stigma, addiction to the disease, meds non-compliance, sex and relationships, suicide and self harm, insurance inequities, despair, substance abuse, spirituality, forgiveness, authority and power.

Scholarship Fund Donations

The Minnesota Association of Community Mental Health Programs provides a limited number of conference scholarships for consumers, families, and advocates. If you or your organization would like to contribute to the Scholarship Fund, please call (651) 642-1903. *Thank you!*

Triage & Disaster Recovery, All Levels

Friday, September 23
8:30 a.m. - 9:45 a.m.

Realize the Role You & Your Agency May Have During Disaster Response & Recovery

Nancy Carlson, BS, CTF, CTE
Minnesota Department of Health
St. Paul, MN

The purpose of the Minnesota Behavioral Health Medical Reserve Corp is to provide expert skills in the area of behavioral health to responders, survivors, Incident Command System staff, and the larger community in the event of a disaster. Disasters include, but are not limited to, natural, bioterrorism, pandemics, and school emergencies.

Public Policy Advocacy, All Levels

Friday, September 23
8:30 a.m. - 11:15 a.m.

Legislative & Public Policy Forum

Ron Brand, MA
MN Assoc of Community MH Programs
St. Paul, MN

Other Speakers to be Announced

A brief update of 2011 legislative session will be followed by a facilitated discussion on legislative and administrative priorities. Among the topics: funding, reimbursement methods, behavioral health and health reform proposals, budget cuts, payment reform projects, child mental health, state/county/provider roles and responsibilities, and others.

Thank You

2011 Conference Presenters

If you are interested in presenting at next year's conference, *please call!*

MACMHP at (651) 642-1903
or visit online:
www.macmhp.org

Core Competencies, Intermediate

Friday, September 23
8:30 a.m. - 11:15 a.m.

Using Core Competencies to Drive Ethical Decision-Making

Russell Turner, MA, MS
People Incorporated
St. Paul, MN

Social workers need the ability to apply critical thinking skills to complex professional relationships. Real world examples are examined to show how the use of a set of clinical core competencies can help drive ethical and accountable decision-making and promote professional boundaries with clients and other staff. This session meets the CEU requirement for social workers.

Child Mental Health Project Showcase, All Levels

Friday, September 23
10:00 a.m. - 11:15 a.m.

Suicide Prevention & the Role of Children's Mobile Crisis Response Teams

Phyllis Brashler, PhD
Minnesota Department of Health
St. Paul, MN

Mary Jo Verschay, MSSW
Minnesota Department of Human Services
St. Paul, MN

Melanie Warm, LICSW, MSW
Carver - Scott County
Waconia, MN

Minnesota is developing a collaborative approach to youth suicide prevention, combining a public health approach to community awareness of suicide, its risk and protective factors, and best practices in prevention with readily accessible, family-supportive and clinically skilled mobile crisis response teams. Staff from the Minnesota departments of health and human services, together with local crisis team personnel, will describe this collaboration to produce joint training, mutual support and referral patterns, and improved outcomes for youth and their families.

Drug Use Trends, Introductory

Friday, September 23
10:00 a.m. - 11:15 a.m.

Sweet Leaf in 2011

Rick Moldenhauer, MS, LADC, ICADC, LPCC
MN DHS - Alcohol & Drug Abuse Div
St. Paul, MN

The drug of choice amongst many Minnesotans this year is the synthetic marijuana blends, still sold legally under names such as "SPICE" and "K2". These compounds are increasingly responsible for client presentation to EMS and community mental health professionals with the quandary of establishing accurate diagnosis; mental health disorder or substance induced? This course of instruction will review the basic pharmacology of these substances, symptom clusters of intoxication and withdrawal, and differential assessment of their common mental health presentations, such as but not limited to dysthymia, panic disorder, schizophrenia, etc.

Triage & Disaster Recovery, All Levels

Friday, September 23
10:00 a.m. - 11:15 a.m.

MN PsySTART (Psychological Simple Triage & Rapid Treatment) Pilot Project

Nancy Carlson, BS, CTF, CTE
Minnesota Department of Health
St. Paul, MN

Minnesota is pleased to announce that it is the first state to implement a statewide pilot of the PsySTART program. PsySTART is evidence based, disaster behavioral health triage and assessment program that has been identified by the Federal Emergency Management Agency (FEMA) as a "model emergency management practice." The program is currently being used or is in development with the National Red Cross, US Public Health Corp, Department of Defense, and LA County, CA.

CLOSING ADDRESS:

Friday, September 23 - 11:20 a.m.

Restoring Resilience: Blending Science and Wisdom to Sustain Health Mind, Mood and Health

Henry Emmons, MD
Penny George Inst for Health & Healing
Minneapolis, MN

Resilience is our nature. Yet every decade, rates of anxiety and depression in the U.S. population have increased by 10%. As we rely more upon medications, fewer people develop the emotional skills with which to confront their problems. What has happened to erode the natural ability to bounce back from adversity? What can be done to regain resilience and sustain it throughout the course of a lifetime? Explore the universal need for a healthy brain and how to integrate natural measures and spiritual practices to support that goal. We will discuss the core factors in resilience, and what can be done to strengthen those traits and take better care of the mind, emotions and inner self.

Henry Emmons integrates mind-body and natural therapies, mindfulness and Buddhist teachings, and compassion and insight into his clinical work. He developed the resilience training program, based upon the ideas developed in his books, *The Chemistry of Joy* and *The Chemistry of Calm*.

Join us for the Fun! Participant Raffle Friday at 12:30pm

Drawing for participants at the end of the conference. Raffle prizes include: gift certificates, complimentary conference registrations & many other items!
Right after the Closing Session!